

FRUIT OF THE SPIRIT

Thank you for downloading The Fruit of the Spirit Cards. I did this exercise to help me understand what each of them meant and see examples of them in Scripture. I hope they help you to walk in the Spirit and walk a more consistent life. May you live Abundant Days for His Glory and Your Good. Sincerely, Kristin Overman

DIRECTIONS:

These are the characteristics of the fruit of the Spirit from Galatians 5:22-23. There is a section for each characteristic of the fruit of the Spirit. I have written my definition for each quality.

SCRIPTURES: Each section also has a list of Bible verses. Look up the verses and read what the Bible says.

IDEAS: Write down what you learn from the Scriptures. Use your own words to describe the characteristic. Try to paraphrase what the Bible says.

PRAYER: Finally, you can write out a prayer based on what you have learned. I have done an example with the word Hope to help you see how it works.

HOPE

(an assurance based on knowledge and character of the one it is in)

SCRIPTURES: Psalm 71:5, Romans 5:1-2, Romans 12:12, I Corinthians 13:13, Colossians 1:5, I Timothy 4:10, Titus 2:13, Hebrews 6:19, Hebrews 7:19, I Peter 1:3, I Peter 1:21, I John 3:2-3,

IDEAS: Our hope is in God and Jesus. Hope comes through the knowledge of Jesus' work, the resurrection, and His appearing when we will see Him, be like Him, and know His glory. Hope gives us a purpose, a reason to work and persevere. Hope is a knowledge and confidence in God's word, plan, and promises. It gives us a reason to rejoice It is sure and lasting, an anchor for the soul.

PRAYER: Dear Lord, Help me to trust your word. Give me hope based on your promises. Help me to fix my eyes on Jesus and base my hope in Him. Help me to rejoice and work until my hope is confirmed in heaven. Amen.



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LOVE

(Sacrificing and serving others)

SCRIPTURES: Matthew 5:43-48, John 15:12-13, Romans 13:8, I Corinthians 13, Galatians 5:13-14, Ephesians 5:2, Colossians 3:14, I Thess 4:9, I John 3:14,

IDEAS:

PRAYER:

JOY

(Gladness or appreciation)

SCRIPTURES: Psalm 16:11, Psalm 43:4, Habakkuk 3:17-18, John 10:10, John 15:1-11, John 16:22, Romans 12:15, Philippians 4:4, , James 1:2, Jude 24

IDEAS:

PRAYER:

PEACE

(Confidence in God's absolute authority and victory)

SCRIPTURES: Isaiah 32:17, Romans 8:6, Ephesians 2:14, Philippians 4:7, Colossians 3:15, II Thessalonians 3:16, Hebrews 12:14, James 3:18, II Peter 3:14

IDEAS:

PRAYER:

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PATIENCE

(perseverance or steadfastness, suffering long while trusting that God is in control)

SCRIPTURES: Psalm 37:7, Isaiah 40:31, Romans 12:12, II Corinthians 1:6, Ephesians 4:1-2, I Thessalonians 5:14 II Thessalonians 1:4, II Timothy 3:10, Titus 2:2, Hebrews 12:1, II Peter 1:5-8, James 5:8

IDEAS:

PRAYER:

KINDNESS

(Giving no cause for offense in anything, treating others as more important than self)

SCRIPTURES: Proverbs 3:3, Proverbs 19:22, Micah 6:8, Acts 28:2, Romans 11:22, II Corinthians 6:1-10, Ephesians 2:5-7, Colossians 3:12, II Peter 1:7

IDEAS:

PRAYER:

GOODNESS

(Having a clean conscience before God and man, pure and good motive/heart)

SCRIPTURES: Romans 2:10, Romans 12:2, Romans 12:9, Romans 12:21, Romans 15:14, Galatians 6:10, Ephesians 4:28, Ephesians 5:9, Ephesians 6:7-8, II Thessalonians 1:11-12, I Thessalonians 5:15, 3 John 11

IDEAS:

PRAYER:

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GENTLENESS

(ability to be tender and careful, especially when presenting truth)

SCRIPTURES: I Corinthians 4:21, Galatians 6:1, Ephesians 4:1-2, Colossians 3:12, I Timothy 6:11, II Timothy 2:24-25, I Peter 3:15

IDEAS:

PRAYER:

FAITHFULNESS

(the attitude and mindset of abiding and trusting in Christ leading to dependability)

SCRIPTURES: Romans 1:17, Romans 4:16-20, II Corinthians 10:15, Galatians 2:20, II Thessalonians 3:5-10, I Timothy 1:18-19, Hebrews 13:7, James 2:26 6:8

IDEAS:

PRAYER:

SELF-CONTROL

(Self-lessness in the moment, directing, regulating, restraining self)

SCRIPTURES: Proverbs 1:10, 15, Proverbs 2:10-22, Proverbs 5:1-23, Proverbs 14:29, Proverbs 21:23, I Corinthians 7:5, I Corinthians 8:9, I Corinthians 10:23-24, II Peter 1:5-8

IDEAS:

PRAYER: